



Ringling Up

General rules

- 1 Keep close to the bell in front of you at all times
- 2 Concentrate on the bell you are following
- 3 Don't let the rope out too soon – keep control of your rope and keep your arms at full stretch at the start of each pull.

Stage 1

The start

All the bells should start ringing in sequence as follows:

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1
1 2
1 2 3
1 2 3 4
1 2 3 4 5
1 2 3 4 5 6
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Stage 2

Ringling half way up

The smaller bells need to go up fairly quickly, to about halfway, in order for the larger bells to chime steadily. Once there they should slow down as the larger bells are raised more slowly.

Stage 3

Getting to the top

Once the bells are near to the top the handstroke becomes more pronounced and instead of the bell coming straight back down in an even swing it tends to hover at the top. The smaller bells should pull their handstrokes in rather than allowing the hovering to occur and only gradually allow the handstrokes to develop.

Finally

Once all the bells are near to the top they should all begin to space out so that they are gradually ringing in 'normal' rounds.